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SUSTAINABLE *living*

Eco-friendly and chic, some of our favourite new designs with the planet front of mind



SLEEP WELL

A comfy mattress is a must – but if you want it to be eco-conscious, make it one of the handcrafted designs from The Pure Natural Collection from The Cotswold Company. Made from chemical-free materials, including unbleached British hand-tied wool tufts, they are available in three designs: The Stow, The Dursley and The Malmesbury. Prices start from \$549. cotswoldco.com



A CLEAR *choice*

Shorter days calls for sparkling clean windows to let the light in. Give yours a spritz with Lemon Myrtle glass cleaner. Ammonia free and naturally scented, it's plant based, biodegradable and non-toxic, plus comes in recycled bottles. Its maker, Wilton London, has just been made a certified B Corp for its high standards of social and environmental performance. \$3.50 for 725ml at Lakeland or wiltonlondon.co.uk



EASY-FIT FLOORING

Sustainable and dust mite resistant, sisal is a versatile floor compatible covering. Fibre has added two designs to its range: Sisal Easyfit Antilles, a loop pile design, and Borneo, a refined boucle weave. Prices start from £48.60 per sq m. fibreflooring.com

SUSTAINABLE PAINTS: WHAT TO LOOK FOR WHEN IT COMES TO COLOUR

Painted kitchens are one of the most popular recycled styles right now. I'm often asked these questions about eco-friendly paint...



What is eco-friendly paint?

Sustainable paint contains little or no VOCs (volatile organic compounds).

These are often human-made chemicals that contain nasty toxins and could irritate your throat or even make you feel dizzy and nauseous.

What should I look for when buying?

Check the label to see if the paint is free from oils, acrylics, and vinyl – some are made from materials, such as clay, lime. Francisco's Paints' water-based Eco Emulsion – you can use it on interior walls or ceilings for a beautiful, chalky, velvety finish.



Can I have a sustainable painted kitchen?

I'm seeing a rise in painted recycled kitchens as renovators see that a simple repaint and new handles can create a stunning scheme that looks new – your project could be more sustainable and economical this way.

Waze

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PURIFYING PAINT

We all know that inside air is often more polluted than outside, but it's not practical to always have the windows flung open. Instead, slick Graphenstone's eco-friendly lime-based paint on your walls. It's the first in the UK to contain Graphene – a material made from inert carbon that helps to absorb nitrogen oxide and sulphur dioxide*, purifying the air inside your home. The paint is breathable, too, meaning that condensation, mould and mildew can be reduced. Available in more than 1000 colours for interior and exterior. Graphenstone paints cost from £18.56 per litre for Ecosphere White. graphenstone.co.uk

[*As the paint cures over its lifetime, Graphenstone lime coatings absorb 5.5kg of CO2 per 15 litres from the local environment where it's applied.]

COMFY & CONSCIOUS

The Big Blue is a sofa collection you can feel good about. Developed in collaboration with social enterprise Plastic Bank, its cushions are made from plastic waste gathered from beaches and streets in some of the poorest communities around the world. It is bought by Plastic Bank, which helps to fund food, education and healthcare. The Big Blue is also free from manmade chemicals and foam, with a timber frame and untreated, sustainably sourced wooden feet. From £1355, Barker and Stonehouse. barkerandstonehouse.co.uk

